



Report on

Self-medication Awareness Programme in collaboration with NSS

Participants: Students of B.Pharm IIInd Semester, and D.Pharm Ist Year

Coordinators: Mr. Amit Misra, Mr. Debashish Paramanick, Mr. Prateek Sharma, Mr. Prashant

Date : 20th July 2022

Venue: Govt. Girls Higher Secondary School, Village, Ghamroj, Gurugram, Haryana, India
Sohna Bus Stand, Gurugram, Haryana, India and pharmacy shops at Sohana.

No of Participants NSS & SMAS Student Volunteer Student of Girls Higher Secondary School,

Introduction

Self-medication involves the use of medicinal products by the patient to treat self-recognized disorders or symptoms. It also includes the selection of a medication for a chronic or recurrent condition, after an initial diagnosis and prescription from a physician. The use of herbal medicines also constitutes a potential case of responsible-self-medication, provided that they are supported by the appropriate information.

Self-medication is a common practice is often reported in the world. It is defined as obtaining and consuming drug without the advice of health care professionals either for diagnosis, prescription or surveillance of the treatment.

Potential risks of self-medication practices include:

- Incorrect self-diagnosis,
- Severe adverse reactions
- Dangerous drug interactions,
- Incorrect manner of administration,
- Incorrect dosage,
- Incorrect choice of therapy
- Risk of dependence and abuse
- Failure to seek appropriate medical advice promptly\
- Failure to recognize special pharmacological risks.


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- Failure to recognize or self-diagnose contraindications, interactions, warnings and precautions.
- Failure to recognize that the same active substance is already being taken under a different name (products with different trademarks may have the same active ingredient).
- Failure to report current self-medication to the prescribing physician (risk of double medication or harmful interaction)

Examples of drugs which are used on self-medication basis can cause various harmful effects in the body Such as

- Tetracycline causes discoloration of teeth.
- Penicillin causes allergic reaction in the body.
- Corticosteroids cause drug dependence.
- High dose of sedatives cause death.

Objectives:

- Provide awareness of self-medication.
- Use of medicines after consulting health professionals.
- Provide information regarding drug safety.
- Provide information about drug interaction.



Image 1 Students and faculty at Sohana for self-medication rally


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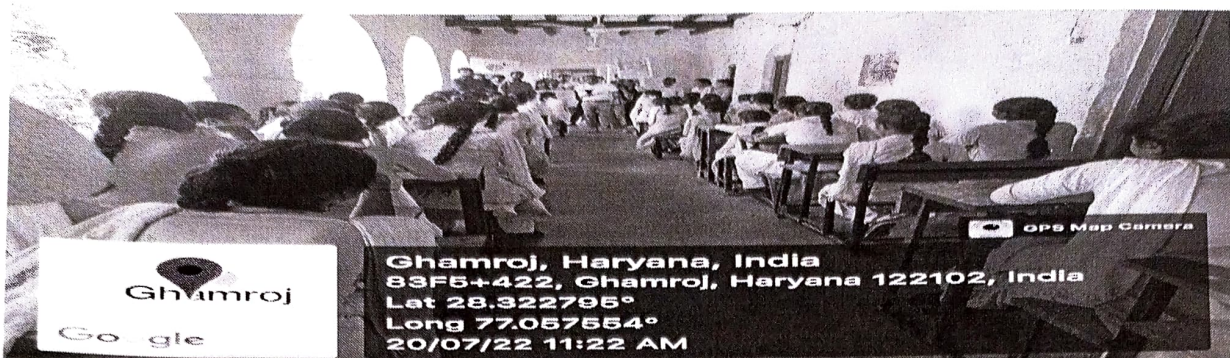


Image 2 Mr. Amit Mishra and other faculty addressed all girls at Ghamroj School about self medication



Image 3 Students and faculty are at hospital road sohna

Activity

Self-medication are most widely used in villages because of lack of awareness in Drug safety and there are no proper health professionals. May in this regards Faculty members and students of SMAS KR Mangalalm University, Sohna Gurgaon Haryana conducted an Self-medication awareness rally on 20th July 2022 (Wednesday) to aware the local residents in regarding the importance of drug safety and their use.

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Name of Activity - Self Medication Awareness Programme

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